

Thomas Kurien.

I had been suffering from an orthopaedic problem for over 3 to 4 months, in which I had severe pain from hamstring to lower leg. This I had developed while playing tennis, which ultimately made it difficult for me even to walk around.

I was advised by a colleague of mine to go in for a homeopathic treatment and was subsequently suggested to Dr. Sunil Mehra. As per his advice I had to stop playing tennis until completely cured and also all the other exercises for time being.

Now that After 6 weeks of treatment I was asked to start with some limited exercises, which again put me back to pain and was asked to ~~take~~ stop the exercise for another week. Which again continued after a week.

Now after a span of 8 weeks am feeling perfectly alright and slowly getting back to my normal life without any pain or other difficulty, but still haven't started playing tennis, which I am sure that after the completion of my treatment I will be back to my 100% normalcy like I used to be before.

All said and done, I am very pleased with the treatment / advice, I got from the doctor, also his concern and careful treatment is slowly getting me back to where I was.

Thomas.